

# FROZEN MEAL PROGRAM

- ◆ An excellent source of nutrition for seniors and others who need a helping hand with meals
- ◆ The perfect solution if you are unable to obtain or prepare adequate meals for yourself due to illness, disability, or frailty
- ◆ Special diets available include diabetic, low fat, low salt, renal, and pureed
- ✓ **A complete list of product profile indicating the Ingredients per entre and nutrition information along with storage and preparation instructions may be viewed at our office or by visiting [www.apetito.ca](http://www.apetito.ca)**

**For more information call  
Arnprior-Braeside-McNab Seniors At Home Program Inc.  
613-623-7981**

## **Egibility**

Individuals who are 60 years of age & over, disabled as well as individuals with special needs who reside in the Town of Arnprior and the Township of McNab/Braeside.

## **Gift Certificates Available**

Gift certificates are a great gift idea and are available at the agency. The person receiving the gift card is able to purchase five meals. You can purchase one meal at a time if you wish.

**Remember someone special** on their Birthday, Mother's Day, Father's Day, Easter or at Christmas.

## **How to Order Frozen Meals**

Call **613-623-7981** to order your frozen meals **Monday to Friday from 8:30am to 4:30pm.**

When you call to place your order you will be informed when your order will be ready for pick up or delivery.

## **A Registered Provider of Veterans Independence Program (VIP) Services Veterans Affairs Canada**

## **How to Pick Up Frozen Meals**

Frozen meals are picked up at Seniors At Home on 106 McGonigal Street West in Arnprior. For individuals who are unable to pick up their frozen meals and have no family member or alternate person to help them we will make arrangements with a volunteer for those who require delivery.

## How to Pay for Frozen Meals

Frozen Meals are paid for at time of pick-up or delivery by cash or cheque payable to Arnprior-Braeside-McNab Seniors At Home Program Inc. The individual will receive a receipt for payment made. Arnprior-Braeside-McNab Seniors At Home Program Inc. is a Registered Provider of Veterans Independence Program (VIP) Services Veterans Affairs Canada.

## Inventory

The agency will keep a number of meals on hand for emergency situations and for clients who are discharged from the hospital.

## Food Safety

The “Apetito” plant in Canada is located in Brampton, Ontario. It is federally inspected registered facility operating according to a CFIA (Canadian Food Inspection Agency) recognized HACCP program. HCCCP (Hazard Analysis Critical Control Points) is a universally accepted quality assurance program that encompasses safe food handling procedures and staff training to ensure food safety. The facility is also certified for the processing of organic foods. **Apetito cannot guarantee protection against any food allergies** as preparation of food could become subject to cross contamination.

**Website:** [www.apetito.ca](http://www.apetito.ca)

## Disclaimer

Arnprior-Braeside-McNab Seniors At Home Program Inc. makes no representations or warranties of any kind with respect to the contents of the frozen meals or the accuracy of the information provided.

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